

The aim of the thesis is to analyze a current situation concerning combat sports education on the middle schools in Jiřichohradecký region.

Theoretical part includes a brief description of the development of combat sports in the world as well as in the Czech Republic, characteristics and taxonomy of techniques, the importance of techniques and problems connected with education. In addition there is a list of combat exercises focused on pushing, pulling, wrestling and combat games. The research was based on the survey by (Reguli, Durech, Vít, 2007). There is a statistical data based on survey filled by pedagogues and students. The results indicated a significant popularity of combat exercises among schoolchildren however teachers often omit them. We believe in increase of combat sports in physical education due to this thesis.