Abstract

Post-divorce adaptation is still very current topic, especially in connection with potential impacts of divorce on children's psychological development. This thesis analyses, in the case study form, post-divorce adaptation course at particularly families and consultancy interventions provided by Child Protect and Safeguarding Department with a psychologist in the team.

The theoretical part describes post-divorce adaptation process in both children and parents and analyses their relation. It contains also considerations about the discourse of Czech children after divorce care, which is reflected, beside others, in discussions about alternate care and parental alienation syndrome. The practical part processes the cases in which I participated in the framework of my consultancy work at Child Protect and Safeguarding Department. The analysis of case material is executed in three phases, aimed at sequential generalization of post-divorce adaptation and consultancy intervention knowledge. The analysis structure copies the theoretical part structure; i.e. reflects children's and parents' points of view and general family-relationship's dynamics.

The thesis showed that the support of children in a post-divorce adaptation process is not possible to separate from the support of parents. The primary factor of children's good adaptation is a parents' approach, particularly their ability to perceive children's needs and ability to separate the ex-partner's role from the parent's role. Lower ability of parents in this area follows from breakup emotional demands, which can cause that parents are not able to engage in any other needs but their own.

Regarding the support for families, Child Protect and Safeguarding Department has a very important role in the children at risk care system. If the Department has enough tools available, which could include psychological consultancy, in my opinion, it can use its role better for the benefit of its clients, i.e. families at risk of a problematic post-divorce adaptation course.