

Abstract

The aim of this work is to create a pedagogical concept of the education for spirituality. I try to map the various views of human spirituality. The spirituality is one of the important philosophy topics, so I dedicated this view most. Next is the psychology, within which I strive to grab this term in a scientific way. I also notice the changes in the perception of the term *spirituality*, namely in the relation to the religion, as well as to the usage of this term, which is equivalent to the previously frequently used term *inwardness*. Marginally I also mention some theories related to the spirituality in the field of biology, quantum physics and brain research.

After the initiation of some way outs, from which can be created the conceptual apparatus, I come to my own definition of the spirituality, I concretize the education to the spirituality including the initiation of goals, methods and means of this education.

The part of this work is also a small study, in which I try to find out, what is the degree of the respondents spirituality, what forms and methods do the respondents evolve their spirituality and I am looking for the contexts between the respondents characteristics by practicing the various technics and the spirituality rate. Research questionnaire method is conceived quite broadly, to suit the nature of this work. Its meaning is only illustrating.

In the final part of this work I present a concept of spirituality education, which I compiled for Waldorf Lyceum in Semily, where I worked as a teacher.

I suppose that this work could serve as a guide for teachers who would deal with the issues of spirituality.

Keywords: education, spirit, spirituality, education to spirituality, objectives, methods and forms of education.