

Abstract

Title: Sport popularity among the high-school students in Hradec Králové.

Goals: The main goal of the Thesis is to determine an extent and a measure of sport and dynamic activities among students from chosen high-schools in Hradec Králové and to surfy a popularity of individual sports among those students.

Methodology: The quantitative method was used in this Thesis. Mainly the questionnaires. These were assembled direct for the surfy purposes and was given to the students of chosen high-schools in Hradec Králové.

Results: It has been uncovered that 76% of high-school students in Hradec Králové do sport in their free time. Students do sport mainly because of their health. Parents are the ones who have a great impact on their children doing sport. The most favourite sport of girl is modern dance, The most favourtie sport of boys is football.

Klíčová slova: sport, adolescence, free time, motivation