

## **Abstract**

My thesis deals with the problem of human alienation from nature. Thesis says about lists of lifestyle changes a person from the 19th century and the negative impacts of alienation. It also focuses on the child and the nature around him. It suggests possible compensation - sport in nature, green therapy, civic associations, eco-centers and framework educational programme for elementary education.

A self-made research determines what types of environments the pupils in the fifth grade of elementary schools in Brandys nad Labem - Stara Boleslav use and spend their leisure time there. Whether the town Brandys nad Labem - Stara Boleslav offers to students natural space witch students may use for their relaxation and doing sports. The thesis is studying whom pupils spend their leisure time outside with and who is their partner or guide.

## **Keywords**

Nature, relationship to nature, alienation, child and nature, framework of educational programme for elementary education.