

Abstract

The bachelor thesis is an analyse of leisure sport activities for children at the secondary level of basic school in the town Chrudim focused on athletics and football.

In the theoretical part are described terms as a leisure time and his function, movement and pupils' activities and educational branch Physical Education in a general educational program of basic education. In the last issue there is a characterization of the emotional, physical and thinking development of the teenagers (11–15).

The practical part will deal with an analyse of leisure activities of the pupils who have sport educational program and those who haven't got one at the concrete basic school in the town of Chrudim. The aim of the research is to find, whether the pupils involved in a sport program are more active than pupils without special sport contents and if the pupils do more sports in winter or spring seasons.

Keywords:

Function of leisure time, movement, physical activities, the age of 11–15, Physical Education, leisure time