

The topic of the bachelor thesis is an adaptation of seniors to location in a home for the elderly with the help of a key worker.

The thesis deals with the many terms related to this issue. It mentions the concepts of aging, age, gerontology, adaptation, social services for the elderly and many others. It talks about reasons for entering into a home for the elderly. It explains who is a candidate, applicant and user of social services. It presents the possibilities of adaptation to the elderly home which the seniors have and describes the individual planning with key worker. The thesis also mentions the Home for the elderly Eliška Purkyňová, which has a seat in Prague 6. It describes its mission, target group, registered services and the whole procedure process from candidates to the users of services.

The aim of this thesis is to find out the degree of importance of senior's preparation before entering the home for the elderly to the adaptation phase. Preparation means a course of conduct with the applicant for the service and his opportunity to learn the rules and conditions of the service before joining. An active participation in the first draft planning of the services during the social investigation before the entrance of the applicant including the presence of the applicant's / prospective user's key worker. Another factor is the role of the key worker during the adaptation phase and his role in the context of the quality of adaptation.