

**Abstract:**

The aim of this thesis is to summarize findings of causes and consequences of obesity, the most common health problem in the world. The theoretical part deals with many key issues of obesity, from definition through the epidemiology, etiology and obesity prevention and treatment. However the main topics of this thesis are the psychological characteristics that are associated with obesity. It includes personality factors of obese people, willpower and self-control and specific psychopathology. The research part of this thesis is mapping the occurrence of a specific psychopathological phenomena focusing on the emotional eating disorder, night eating syndrome and binge eating and symptoms of eating disorder. Applied methods were “Eating Behavior and Emotionality Questionnaire” (JICHEM), “The Eating Disorder Examination Questionnaire 6.0” (EDE - Q) and “The Night Eating Questionnaire” (NEQ). The data of quantitative research was evaluated by standard statistical methods.

**Keywords:**

Obesity

Psychopathology

Eating Disorder

Night Eating Syndrome

Emocional eating theory