

Abstract

This thesis deals with the personal and social development of preschool teachers as one of the possibilities for their further education. The theoretical part describes the current available types of professional competencies of current preschool teachers and focuses on their professional development through personal and social education (PSE). The aim of the empirical part is to create, implement and reflect short-term practical training for kindergarten teachers in selected topics of personal and social education through a form of action research. Selected topics (issue of rules in kindergarten, communication and mental hygiene) came from a questionnaire of interest in education issues of PSE. The aim of the course is skills training and improving of professional competence of teachers in selected areas through self-experience activities. Also the course leads teachers to think about appropriate solutions of problematic educational situations through joint discussion, sharing of professional experiences, reflection and self-reflection of teachers. The secondary purpose is to show the topics from the view of teachers' working with children and to link them with key competencies for preschool education, educational areas and expected outcomes of the national curriculum *Framework Educational Program for Pre-primary education*.