

# **PŘÍLOHY**

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## Příloha č. 1: Brožura s Programem PBC



### Are your students ready?

Princeton-Blairstown Center can provide your students with lasting memories and skills necessary for success in the 21st century.

**Princeton-Blairstown Center's customized programs add value to your students' academic experiences by developing social and emotional competencies over time.**

**Since 1908, Princeton-Blairstown Center has provided opportunities where participants:**

- strengthen decision-making skills
- articulate personal goals
- persevere through challenges and realize their ability to achieve
- develop their leadership skills and use creativity to solve problems
- practice effective communication—including active listening, negotiation, and compromise
- learn positive ways to resolve conflict
- gain an awareness and respect for diversity



**Princeton-Blairstown Center strengthens character, leadership and stewardship in urban youth and Princeton University students through transformative experiential education in a unique environment to advance a more equitable, peaceful and sustainable society.**



A group of students listen to instructions before a conflict resolution workshop.



Participants meet around the campfire on their last night at PBC.



Two students doing the low element "Wild Roccys" as other group members spot.

- Our 263-acre Blairstown campus is an engaging and beautiful setting that welcomes back 90 percent of our groups year after year. For example, Princeton Friends School has come to PBC one weekend every spring since 1987.
- Our high-quality staff is able to facilitate individuals of various learning styles and levels to create meaningful experiences. We specialize in providing outdoor experiential education programs to middle and high school students - just like yours!

**a support organization of**

- In the past year, some groups we've worked with include New Jersey Seeds, Trenton Central High School, Blair Academy, Westfield High School, TEAM Academy, and The Convent of the Sacred Heart School of New York to name a few.



## What kind of facility is Princeton Blairstown Center?

Princeton-Blairstown Center is an experiential education center. Experiential Education is based on the belief that people learn best by direct and purposeful contact with their learning experiences.

Adventure educators Simon Preist and Mike Gass explain experiential education well when they say it is

**"learning by doing with reflection."**

Our active, imaginative, and meaningful programs target the five Social-Emotional Learning principles<sup>\*</sup>, including:

- self awareness
- self management
- social awareness
- relationship skills
- responsible decision-making

\* As stated by Collaborative for Academic, Social, and Emotional Learning, 2009; Doney, O'Brien, Kaler, Renski, & Weinberg, 2008

Each activity offers opportunities for participants to learn about themselves and their peers through a process of reflection called debriefing. During this process:

- Learning is extracted by sharing the individual and group strengths, and challenges.
- Techniques are taught so they build on their strengths and improve upon their challenges.
- These new skills are transferred to the next activity, and to their 'real lives', in school and at home



Students on expedition taking turns at a water pump along the Appalachian Trail.



Facilitator and baby team keep their eyes on the student scaling the climbing wall.



A PDC facilitator demonstrates our den rappel for a group of students.

## Your students' safety is our highest priority - both physical and emotional. How do we ensure the safety of participants?

- **Full-Value Contracts** are created by each small group with its facilitator. They provide an opportunity for students to define how they want to work as a group. They identify the positive behaviors and skills required by the group to meet their challenges successfully.
- **Challenge By Choice** teaches participants appropriate risk-taking and decision-making techniques to face new challenges. PBC facilitators respect and recognize individual challenge levels, and our programs give participants the opportunity to stretch their comfort zones safely with the support of their peers and our staff.
- **Facilitators have the equipment, training, professional certifications, and good judgment to facilitate our activities safely.** PBC facilitators are trained to assess each group's ability to provide appropriate challenges that meet its needs.

## Our program coordinators work with you to create a customized schedule to help you accomplish your goals and meet the unique needs of your students.

- Our programs are designed to serve 5th grade to adults.
- To maximize the productivity of your visit, our ratio is 1 facilitator to 8-12 participants.
- We develop programs that span 1-10+ days in length.

## What activities and services are available at PBC?









Activity	Typical Outcomes	Activity Descriptions
<b>Adventure Course</b>	<ul style="list-style-type: none"> <li>• Assessing personal strengths and challenges</li> <li>• Creative problem-solving</li> <li>• Conflict resolution ability</li> <li>• Decision-making ability</li> <li>• Effective communication</li> <li>• Leadership development</li> </ul>	<p>A series of novel physical and mental problem-solving tasks that target the goals and skills your students need to achieve. PBC has over 20 permanent elements and many more portable activities that are delivered in virtually any location - parks, gyms, etc. <u>A minimum of four hours is required before a group advances to the high elements.</u></p>
<b>High Ropes</b>	<ul style="list-style-type: none"> <li>• Ability to set goals</li> <li>• Realization of ability to achieve</li> <li>• Appropriate risk-taking</li> <li>• Responsible decision-making ability</li> </ul>	<p>Gives participants individually or in pairs the opportunity to challenge themselves to overcome obstacles safely at 30-50 feet in the air. PBC has over 15 different high ropes activities. <u>Groups must demonstrate proficiency in team working skills and safety to participate in high elements.</u></p>
<b>Canoeing</b>	<ul style="list-style-type: none"> <li>• Cooperation</li> <li>• Decision-making ability</li> <li>• Effective communication</li> <li>• Conflict resolution ability</li> </ul>	<p>Facilitated by a certified lifeguard, participants learn safe boating techniques on beautiful Bass Lake located on the Center's property.</p>



Students attempt an element called "Three Islands" on our adventure course.



A student is belayed high in the air by his group on our high ropes course.

<b>Hiking</b>	<ul style="list-style-type: none"> <li>• Appreciation for the natural world</li> <li>• Increased group cohesion</li> </ul>	We have more than four miles of maintained trails on property.	
<b>Orienteering</b>	<ul style="list-style-type: none"> <li>• Critical thinking skills</li> <li>• Effective communication</li> <li>• Cooperation</li> </ul>	Facilitators teach map-reading and compass skills.	
<b>Conflict Resolution Workshops</b>	<ul style="list-style-type: none"> <li>• Cooperation</li> <li>• Creative problem-solving ability</li> <li>• Self-respect</li> <li>• Awareness</li> <li>• Respect for diversity</li> </ul>	We provide interactive activities that encourage participants to examine how conflicts emerge and effective techniques to bring positive resolution.	
<b>Environmental Education</b>	<ul style="list-style-type: none"> <li>• Cooperation</li> <li>• Appreciation for the natural world</li> <li>• Real-world application of classroom learning</li> </ul>	We utilize an evolving curriculum that enhances participant understanding of the natural world.	
<b>Eco-Frisbee Golf</b>	<ul style="list-style-type: none"> <li>• Cooperation</li> <li>• Appreciation for the natural world</li> </ul>	A nine-hole Frisbee golf course allows for safe competition and includes an environmental education component.	
<b>Expeditions</b>	<ul style="list-style-type: none"> <li>• Impact of individuals on the group</li> <li>• Self-reliance</li> <li>• Awareness of ability</li> <li>• Leadership development</li> <li>• Decision-making ability</li> <li>• Establish the resolve to stand strong in light of personal challenges</li> </ul>	We lead multi-day wilderness canoeing or backpacking trips. Under the supervision of our experienced personnel, groups traverse miles across water or land and are responsible for carrying all their necessities, setting up camp, preparing and cleaning up from meals, making decisions, learning navigation skills, and much more. PBC is able to provide all gear and meals.	
<b>Night Walks</b>	<ul style="list-style-type: none"> <li>• Cooperation</li> <li>• Appreciation for the natural world</li> </ul>	Facilitators lead participants through a series of activities designed to create greater understanding and appreciation of the nocturnal world.	
<b>Campfires</b>	<ul style="list-style-type: none"> <li>• Increased group cohesion</li> <li>• Appreciation for the natural world</li> </ul>	You and your group tell stories, have ceremonies, roast marshmallows, and enjoy the beauty of our lakeside campfire ring.	
<b>Restorations</b>	<ul style="list-style-type: none"> <li>• Responsibility</li> <li>• Sustainability</li> <li>• Team work</li> <li>• Impact of individuals' actions on their community</li> </ul>	This is an integral part of our program that teaches participants respect and stewardship for their environment. Every group has the opportunity to help clean up after meals in our dining hall and kitchen, as well as help to clean the cabins and washhouses in preparation for the next group that arrives.	

A group of two participants and one facilitator act as the lively team while everyone else watches two climbers.

Students get out on Bass Lake as another group cools off in the swimming area.

A hike provides an opportunity for students to bond with each other and learn.

A student with a tray ready to go into the dishwasher while restoring in the kitchen.

## Where is Princeton-Blairstown Center located?



The Princeton-Blairstown Center campus is located in the northwest corner of New Jersey, near the Delaware Water Gap.

[Our location on Google Maps](#) (these directions are for personal cars or vans only, not buses).

[Directions suitable for cars and buses.](#)

### Travel times to PBC:

East Stroudsburg - 25 minutes

Lehigh Valley - 50 minutes

Newark - 60 minutes

Princeton and Trenton - 1.5 - 2 hours

NYC - 1.5 - 2.5 hours

Philadelphia and Camden - 2 hours

Baltimore - 3.5 hours

## Facilities



**Exter, our main lodge and dining hall.**



**Denstone lodge reflected on Bass Lake.**



**Cabins have bunk-style beds and sleep 12.**

- Ten log cabins equipped with wood-burning stoves for cooler months – we regularly accommodate up to 120 people in our cabins
- Two fully-equipped modern washhouses with individual shower stalls
- Indoor and outdoor spaces for campfires
- Accommodations for people of all abilities
- Nutritious meals that accommodate people with allergies and vegetarian diets, including a full salad bar at lunch and dinner
- Twelve remote campsites
- Multiple indoor meeting spaces
- Wireless internet access on a dedicated T1 line
- Groups also come to PBC to utilize our facilities and lead their own programming. If you are interested in this option, see our [Facility Use Mini Program Planning Guide](#).

## What does it cost to bring my group to PBC?

Rates are dependent on number of students and length of programming. Please call for pricing and date options based on the individual needs of your group.

## How do I make a reservation?



If you are interested in discussing programming options, goals for your group, date availability, and pricing, contact our Blirstown Site Co-Director, Heather Haynes, at [hhaynes@princeton.edu](mailto:hhaynes@princeton.edu) or call (908) 362-6765. Once the pricing and dates are selected, a non-refundable 25 percent deposit is required in order to secure your dates.

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Princeton Blirstown Center / Blirstown Campus  
138 Millbrook Road / Blirstown, NJ 07825-9617  
Phone: (908) 362-6765 Fax: (908) 362-7499

<http://www.princeton.edu/blirstown>

## Příloha č. 2: Výpis aktivit PBC

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### Activities at the Princeton-Blairstown Center

#### ADVENTURE COURSE

##### Typical Outcomes:

- Creative problem-solving
- Conflict resolution ability
- Effective communication
- Decision-making ability
- Recognize strengths and challenges
- Leadership Development

##### Description:

The adventures course presents a series of physical and mental tasks that challenge individual and group problem-solving skills. PBC has over 20 permanent elements on site and many more portable activities that can be facilitated in virtually any location – parks, gyms, etc. A minimum of four hours on the adventure course is required before a group can advance to the high elements.

#### HIGH ROPES COURSE

##### Typical Outcomes:

- Ability to set goals
- Realization of ability to achieve
- Appropriate risk-taking
- Responsible decision-making ability

##### Description:

PBC's High Ropes Course activities provide opportunities for participants, individually or in pairs, to engage in responsible, calculated risk taking. Significant safety measures are followed by our facilitators and by the group to ensure every participant's safety. Groups must demonstrate a basic proficiency in team working skills and safety to participate in one of our 15 different high ropes course elements. With the safety systems in check, participants can prove to themselves they are capable to achieve beyond their perceived limitations.

- **Dam Rappel:** This mountaineering technique for cliff descent is adapted for the Center's 30 foot dam on Bass Lake.
- **Climbing Wall:** This 25 foot high physical and mental challenge awaits both the novice and advanced climber.
- **Lakes Ropes:** A high ropes course with 3 distinct elements that are 50-60 feet high. This is a challenging course reserved for groups who have experience with high elements.
- **Oaks Ropes:** A ropes course with 10 distinct high elements that are 30-45 feet high. Some elements are individual challenges while others require two people to complete the challenge.
- **Rock climbing:** Off-site climbing opportunities exist in the Delaware Water Gap National Recreation Area for groups who have demonstrated experience in high adventure activities. \*\*\*

\*\*\* Please note it is the responsibility of the group to provide participant transportation to the rock site, trail-head or boat launching and landing sites

#### CANOEING

##### Typical Outcomes:

- Cooperation
- Decision-making ability
- Effective communication
- Conflict resolution ability

##### Description:

Facilitated by a certified lifeguard, participants learn safe boating techniques on beautiful Bass Lake located on the Center's property. Extended canoeing trips are also available along the Delaware River.

\*\*\* Please note it is the responsibility of the group to provide participant transportation to the rock site, trail-head or boat launching and landing sites



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## **HIKING**

### **Typical Outcomes:**

- Appreciation for the nature world
- Increased group cohesion

### **Description:**

Participants have the opportunity to enjoy the beauty of our natural surroundings. Hikes can be planned along the trails on our property or along the many miles of the Delaware Water Gap Recreation Area, just minutes from PBC. **\*\* Please note it is the responsibility of the group to provide participant transportation to the rock site, trail-head or boat launching and landing sites**

## **ORIENTEERING**

### **Typical Outcomes:**

- Critical thinking skills
- Effective communication
- Cooperation

### **Description:**

Facilitators teach map-reading and compass skills through group initiatives or using our compass course.

## **CONFLICT RESOLUTION WORKSHOPS**

### **Typical Outcomes:**

- Cooperation
- Creative problem-solving ability
- Self-respect
- Awareness
- Respect for diversity

### **Description:**

Conflict resolution workshops provide interactive activities that encourage participants to examine how conflicts emerge and effective techniques to bring positive resolution.

## **ENVIRONMENTAL EDUCATION**

### **Typical Outcomes:**

- Cooperation
- Real-world application of classroom learning
- Appreciation for the natural world

### **Description:**

We utilize an evolving curriculum that enhances participants understanding of the natural world.

## **ECO FRISBEE GOLF**

### **Typical Outcomes:**

- Cooperation
- Appreciation for the natural world

### **Description:**

A nine-hole Frisbee golf course allows for safe competition and includes an environmental education component.

## **EXPEDITIONS**

### **Typical Outcomes:**

- Impact of individuals on the group
- Self-reliance
- Awareness of ability
- Decision-making ability
- Establish the resolve to stand strong in light of personal challenges
- Leadership development

### **Description:**

PBC offers multi-day wilderness canoeing or backpacking expeditions. Under the supervision of our experienced personnel, groups traverse miles across water or land and are responsible for carrying all their necessities, setting up camp, preparing and cleaning up from meals and making decisions as a team. PBC is able to provide all gear and meals.

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## **NIGHT WALKS**

### **Typical Outcomes:**

- Cooperation
- Appreciation for the natural world

### **Description:**

Facilitators lead participants through a series of activities designed to create greater understanding and appreciation of the nocturnal world.

## **CAMPFIRES**

### **Typical Outcomes:**

- Increased group cohesion
- Appreciation for the natural world

### **Description:**

You and your group can tell stories, have ceremonies, roast marshmallows, and enjoy the beauty of our lakeside campfire.

## **RESTORATIONS**

### **Typical Outcomes:**

- Responsibility
- Sustainability
- Teamwork
- Impact of individuals' actions on their community

### **Description:**

Restorations are an integral part of our program that teach participants respect and stewardship for their environment. Every group will have the opportunity to help clean up after meals in our dining hall and kitchen, as well as help to clean the cabins and washhouses in preparation for the next group that arrives.

## **DEBRIEF/REFLECTION**

### **Description:**

While our activities provide unique experiences, it is our process of debriefing and reflection that pulls the unconscious learning to the conscious level. We use a variety of techniques for participants to reflect on their experience which allows them to recognize and enhance their strengths, expose their challenges and learn skills they can implement in their 'real' lives: at school, with friends and at home.

### **Additional Activities at PBC:**

**Swimming:** During the warmer seasons (late-May to early September), participants can enjoy swimming in Bass Lake.

**Service Learning/Service projects:** Giving of one's own labor and time can be a powerful learning experience for people of all ages and backgrounds. Projects can take place on site at PBC - rebuilding a trail or bridge, planting trees or patching canoes. Participants return years later and seek out the trail or tree that they helped create. Projects can also be designed in the surrounding Blirstown community or back home in the communities where our participant's live.

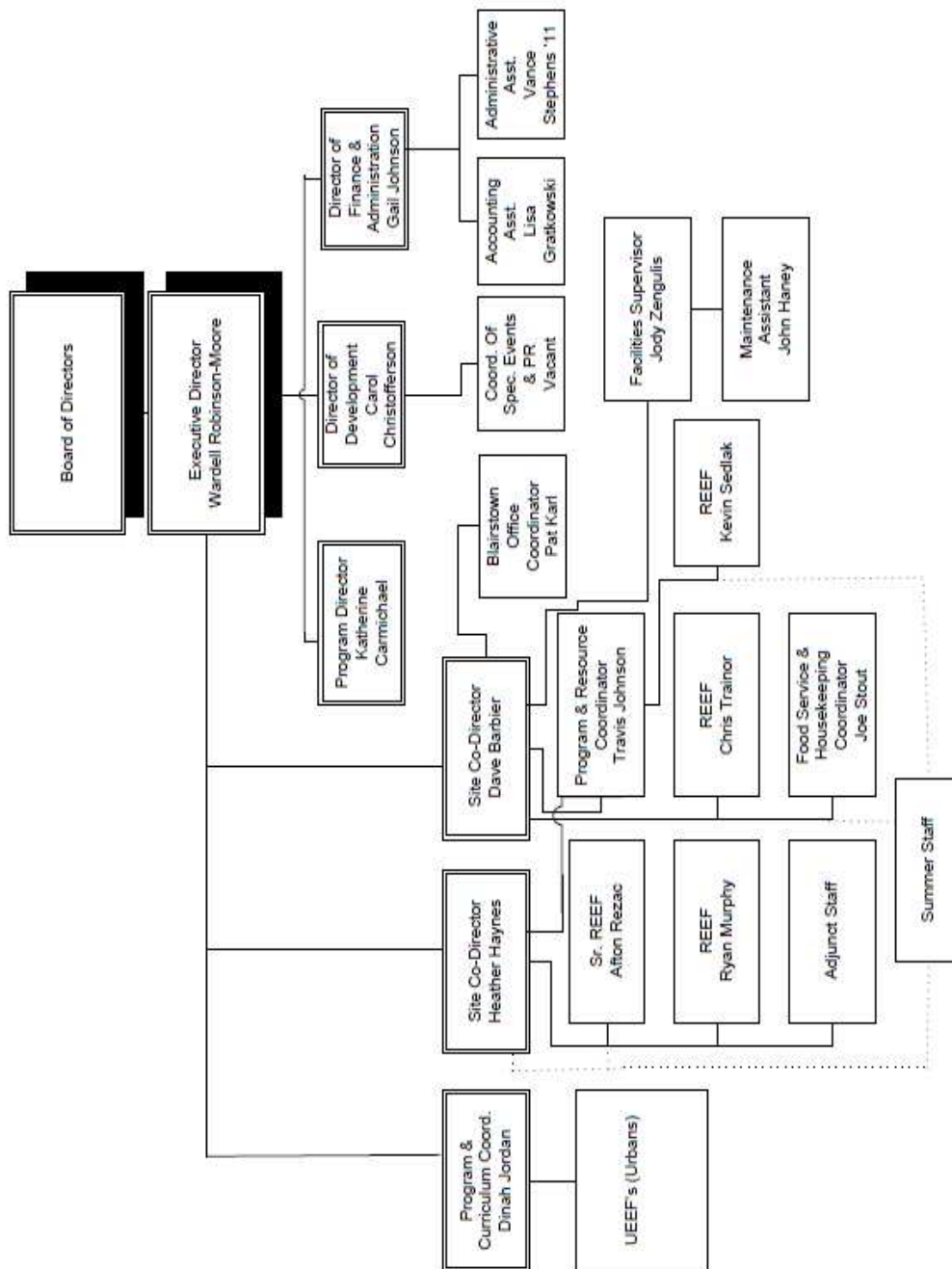
### **Evening activities are available at an extra cost:**

**Special guest speaker.** We have a list of possible special guest speakers, including local wildlife specialists, and others... If interested, please inquire.

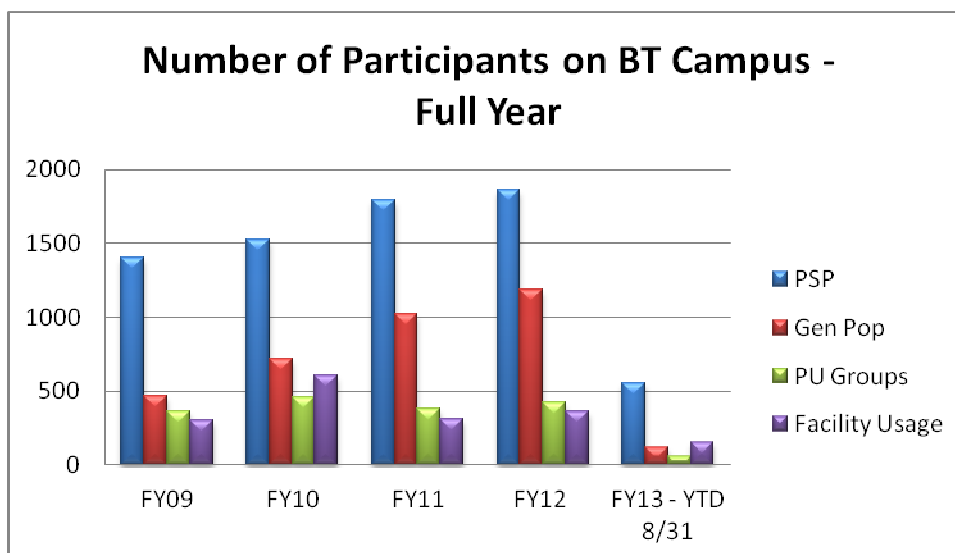
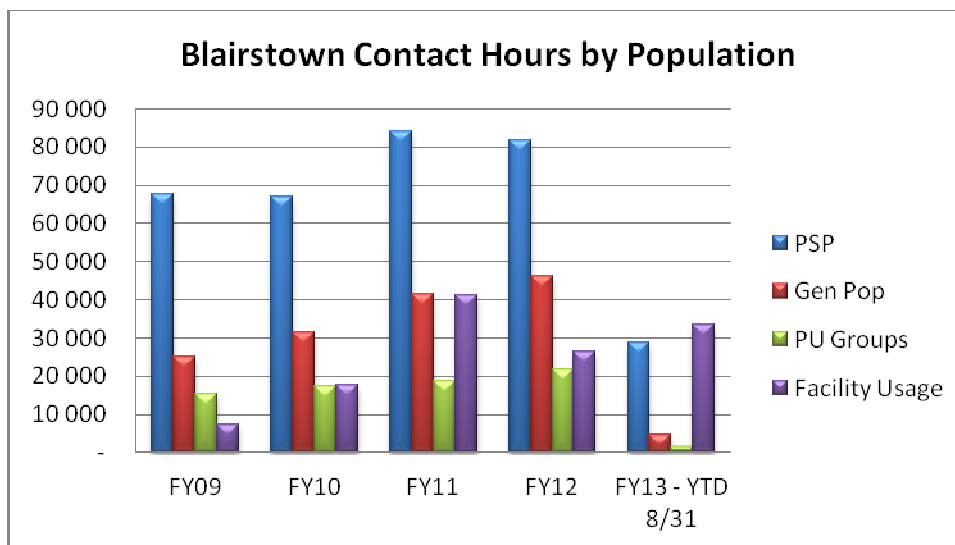
**TV and VCR** are also available at no additional cost. Wireless internet is also available for Adults.

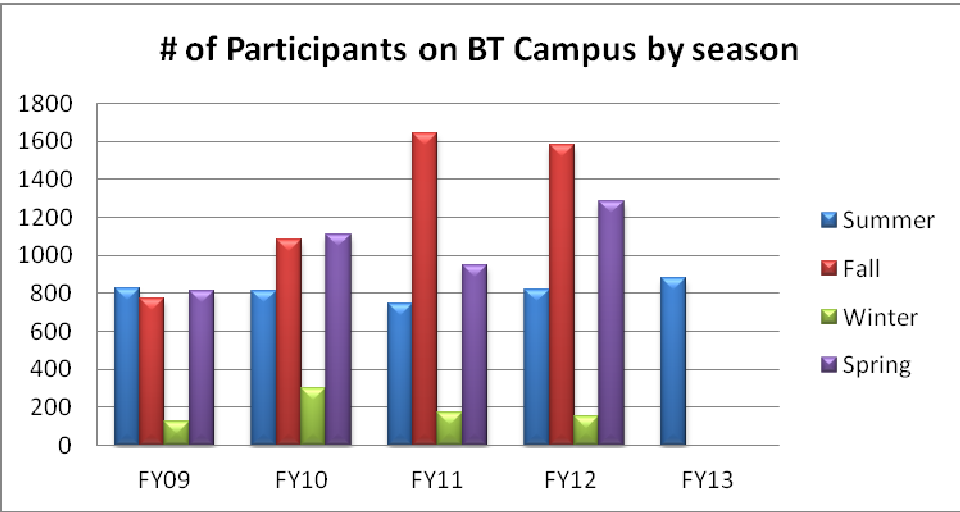
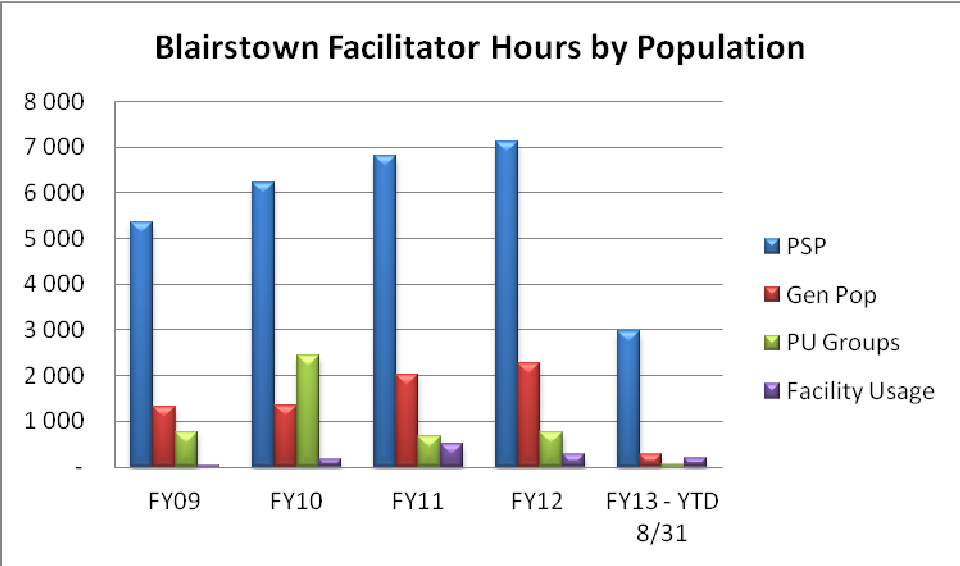
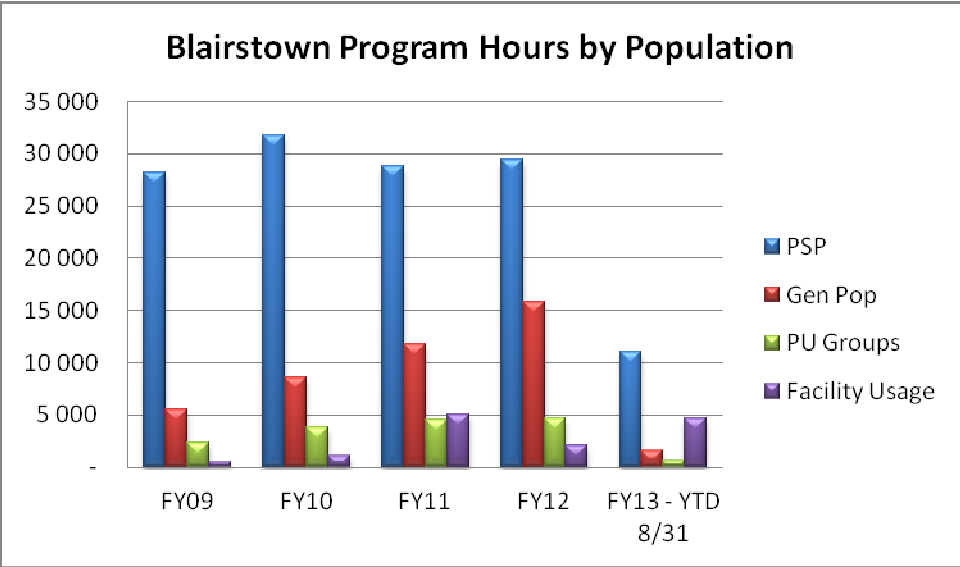
### Příloha č. 3: Organizační struktura PBC

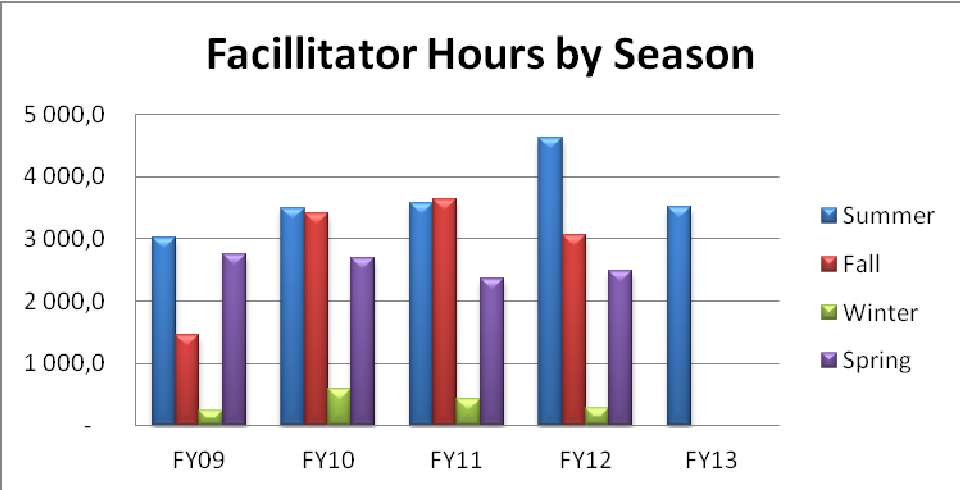
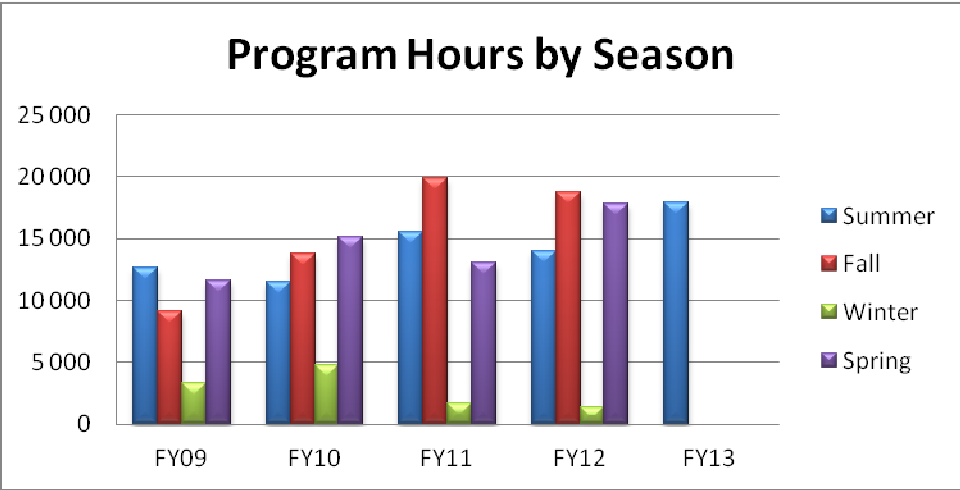
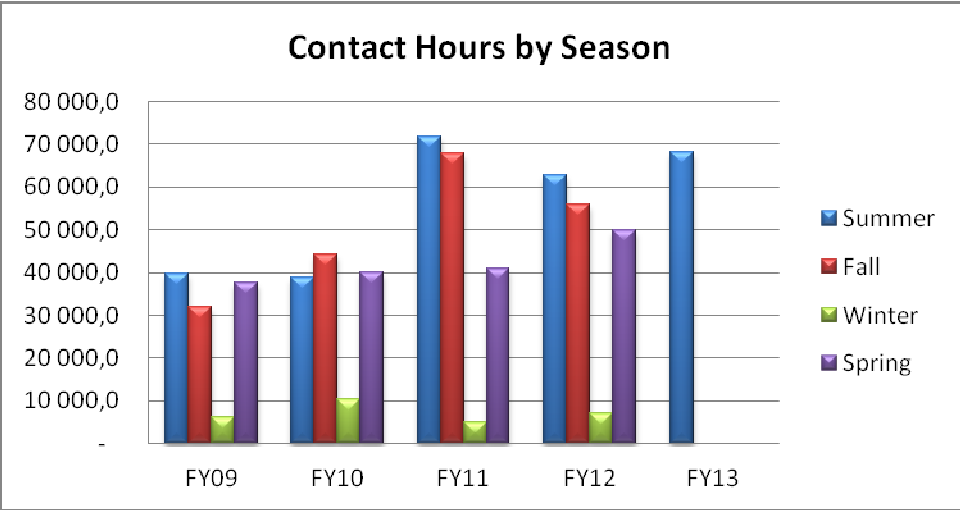
## PRINCETON-BLAIRSTOWN CENTER ORGANIZATION CHART – 2012



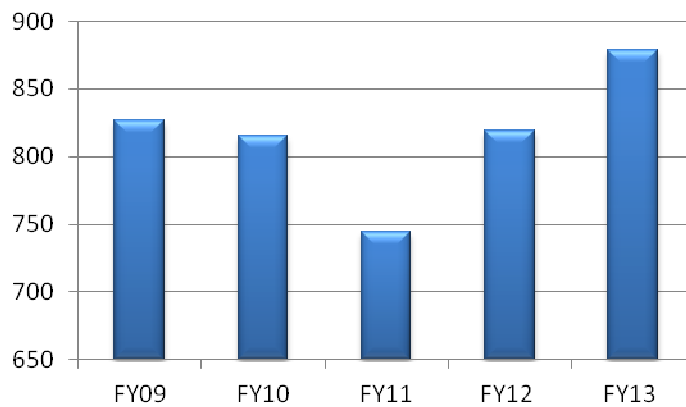
## Příloha č. 4: Grafy ukazující počty účastníků



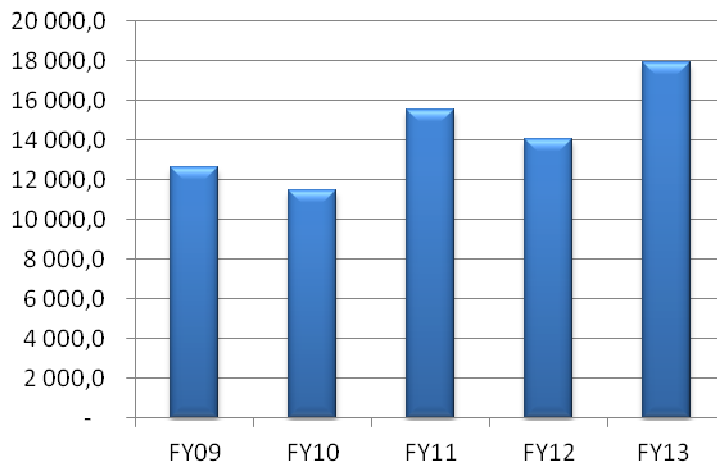




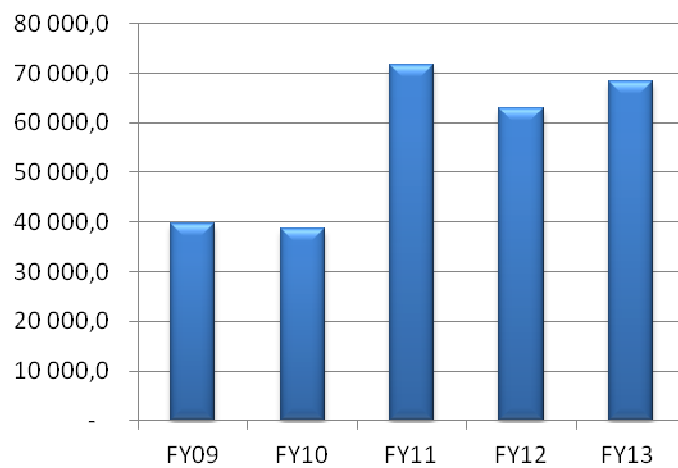
### # Participants on Blairstown Campus - Summer

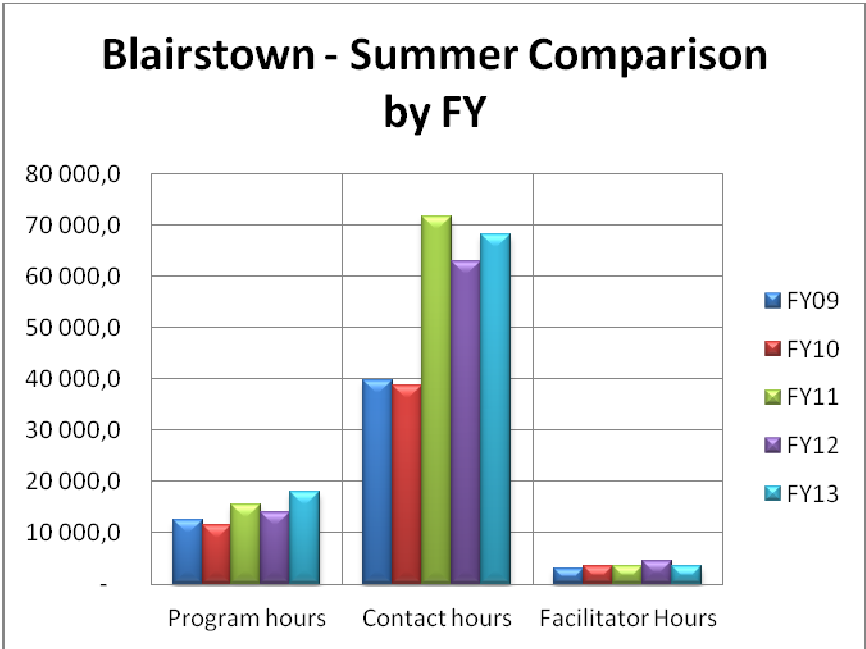
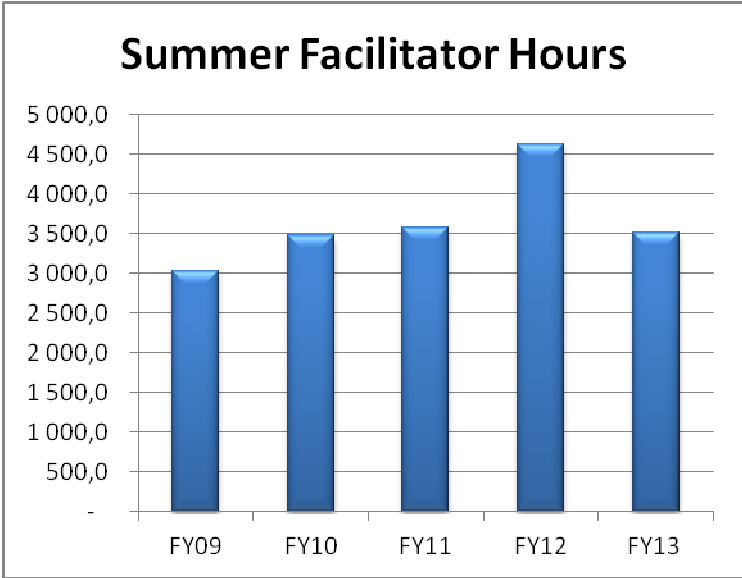


### Summer Program Hours



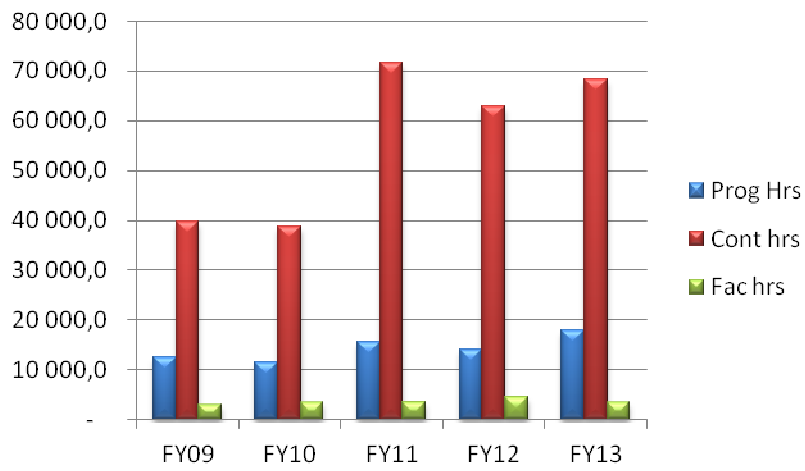
### Summer Contact Hours







## Blairstown - Summer Comparison by FY




# Příloha č. 5: Brožura PBC

### THE VALUE OF EXPERIENTIAL EDUCATION

Princeton-Blairstown Center adds value to your students' academic experience through customized programs that deliver a series of activities that are sequenced, active, focused and explicit (*safe*), building social and emotional competencies over time.


In a natural setting that is comfortable or challenging as you determine, students gain confidence, expand their experiences and learn how to think through problems to a successful outcome.



*"The new standards for high school graduation aim to equip high school grads with "21st century skills" including critical thinking, problem solving, creativity, communication and collaboration."*

Lucille Davy  
NJ Education Commissioner  
June 2009

Princeton-Blairstown Center provides the tools for today's young people to define their ideas of success and to develop both as individuals and within the communities of the 21st century.




### BOOKING YOUR GROUP

Princeton-Blairstown Center is available year-round.


Costs are based on the number of days, number of students, number of meals, and the level of professional facilitation required by our staff for the program you select.

Sample programs and costs are included on a separate form included with this brochure.



To book your program please contact  
Heather Haynes at (908) 362-6765 or  
Email to [hhaynes@princeton.edu](mailto:hhaynes@princeton.edu)

Visit our website at  
<http://web.princeton.edu/sites/pbceater>




**Princeton-Blairstown Center**

Success  
Resilience  
Perseverance  
Self-confidence  
Creativity  
Communication  
Problem Solving  
Goal Setting  
Skills

A support organization of  
**PRINCETON UNIVERSITY**

## PRINCETON-BLAIRSTOWN CENTER

Princeton-Blairstown Center, working in partnership with schools, community organizations and Princeton University, offers young people opportunities to challenge and define themselves, set goals and strive courageously to reach them. We do this by providing active, imaginative and meaningful experiences that engage learners and expand their skills, knowledge and sense of personal achievement.



### RESOURCES THAT MAKE US UNIQUE

School is more than academics and after-school activities; it's about growth, maturity and responsibility to self and community.

For over 100 years, Princeton-Blairstown Center has provided adventure-based education that promotes academic excellence and personal growth in schools throughout metropolitan New Jersey, New York and Pennsylvania.

Located near the Delaware Water Gap, our 263-acre private campus provides extensive high ropes, rappelling, a climbing wall and over 50 adventure-based activities that challenge every age group 10 years old and up.

Historic cabins built of giant chestnut, on-site camping, an 11-acre spring-fed lake and several lodges for dining and recreation are available.


Access to the Appalachian Trail, Delaware

River canoeing and expeditions along hundreds of miles are at your fingertips.

Your school group's needs are customized and led by professional staff.

### OUR APPROACH

PBC has developed a curriculum that uses activities and adventure as tools for developing core competencies in young people: self-awareness; self-management; social awareness; relationship skills and responsible decision-making.



In a natural setting that is proving to be a critical component for wellness in all our lives, school administrators, teachers, parents and students build social and emotional skills through positive reinforcement at Blairstown.

Discovering each student's leadership style, developing teambuilding skills for the classroom, learning how to negotiate for successful outcomes and most importantly the ability to articulate and reflect are offered by professional


staff at our campus in the woods. Every program is appropriate to age and ability.

Princeton-Blairstown Center's educational philosophy is based on ideas developed by Kurt Hahn. He believed *"...there is more in you than you think"* and he *"...aimed to foster in young people the qualities of skill, compassion, honesty, initiative, adventure and a sense of service to their fellow beings"*.

Princeton-Blairstown Center offers customized programming. Your school can come for one day up to 10+ days. To fit your needs expeditions are from two days to three weeks.

Our ten cabins can accommodate 120 people. Our capacity in tents on-site is flexible and we provide three excellent and nutritious meals a day. The washhouses are state-of-the-art.

Chaperones are required for the cabins and PBC staff are with your students in tents or on expedition.



## **Příloha č. 6: Rozhovor**

### **Semi-structured interview**

- a) Budget – What was the budget for the summer camp of 2012?  
*a.1. The budget was around \$75,000.*
- b) What was the biggest part of expenses of PBC? (If possible, give a specific number or percentage.)  
*b.1. The biggest amount of budget was used for staff expenses (including salaries, food, accommodation etc.) – around \$60,000 – 80% from budget and other 10% of expense is used for maintenance and equipment.*
- c) Was the camp successful with the implementation of the budget?  
*c.1. Yes, the Camp was successful as we came out under budget.*
- d) How much money was spent on summer staff, permanent staff, equipment/food etc.?  
*d.1. Staff salaries and expenses were about \$60,000 – there were also other miscellaneous expenses, but we still came in under budget.*
- e) What was the exact number of summer staff, permanent staff etc.?  
*e.1. We had 13 summer staff and 7 year round staff working programming groups*
- f) How do the kids pay for the camp? Is it funded by someone or do they pay for it by themselves?  
*f.1. Some are subsidized by PBC itself through scholarship rates, and some are funded by corporate or other non-profit grants.*
- g) Do you get any subsidy or grants from the government?  
*g.1. No*
- h) Was there any complication you had to deal with? If yes, what was it and what was the solution? (I.e. management and budget problems which you had to solve during the whole summer period.)  
*h.1. There was just few complication which was necessary to solve, for example bedbugs, participant cancellation, electricity issues because of weather, polluted lake, cooker's illness – issue with food etc.*
- i) How did the PBC evaluate last summer season? (from the management point of view)  
*i.1. By participant and group Coordinator Feedback forms and one on one communication with adults. We do the same with staff (summer and permanent), they fill out feedback form and then one on one interview with PBC co-director.*

j) How would you evaluate (or how did you evaluate) last summer season from the management point of view?

*j.1. Management was pleased with summer camp, we had more participants than previous years but many of them dropped out, so we could have more of them. We had one of the best seasons of employees for the last nine years.*

k) Could you briefly summarize the whole summer camp (period) management? (How did it work, what did you have to prepare before the summer camp started? What did you do during the summer – what and how did you organize it, etc...?)

*k.1. Before the summer we work out a training schedule and hire outside consultants when necessary to train our summer staff. Each administrative member of the staff was responsible for different things – One co-director did the adventure course training, another did the risk management training, and another did the scheduling of the consultants. We all met several times to talk about the schedule and what needed to be done before the staff and groups arrived. We also had weekly meetings during the summer to check in with each other to talk about how things were going and had regular meetings with the summer staff to see if they needed any other training or needed support in any other area.*

l) What reaction did you get to PBC summer camp (season) from the kids, summer staff, permanent staff etc.? (Did they like the schedule, food, environment, accommodation etc.?)

*l.1. Reaction to summer camp was more or less positive, there were just few reminders to accommodation/inner spaces and quality of water in the lake. Reaction to schedule is hard to tell, it is not objective, because not everyone like everything. Reaction from staff was quite positive in general. Comments were primarily to that staff didn't have enough information in some situation (bedbugs issue, radio issues, issue with food during the training, when Indians cooked etc.). The most comments were to training, when some stuff was duplicated and some wasn't included. Whole collective and accommodation was on a very good level. Accommodation was for the first time on summer staff – to they decided where and with who they will live (there were two buildings in the option).*

m) What do you think that needs to be improved this summer season? (If you take into account the opinion of summer staff etc.) What steps do you plan to take to achieve improvement?

*m.1. Training could have been more concise. Also having our full-time facilitators do more of the training to help them develop their leadership skills, which will be implemented this year. Staff felt they needed more breaks during the day, which we are trying to schedule into the programs. They wanted more practice on the high and low ropes course, and some training and check-ins during the summer – which we are also trying to implement more this year. They also would have liked more transportation options, since there is no public transportation, but we are not sure if we are able to do this.*

n) How many children did you have last summer in the camp? And from how many schools/organizations/etc. did they come? If you know the specific number of organizations (or approximate number) you work with during the whole year, please write it below.

*n.1. Chart*

- o) Quantity of children – what is the tendency in the number of participating children (suburban children, schools etc.) during the summer period? Is the number growing? Or is it stabilized or is it decreasing? if you have the exact number for all children and just for schools or suburban children etc. write it below please, and if you have that number for more seasons not just the last one, write it below as well.)
- o.1. See the attached chart. The number is increasing each year. We normally have urban inner city children in the summer – more general suburban kids come during the school year.*
- p) How do you promote PBC?
- p.1. Through more networking with other organizations and outreach to similar organizations. We are using our website for promotion and also we have some brochures which we give to schools and organizations.*
- q) Do you think that even more ways of promotion could be used? If yes could you say what ways and why they are not used?
- q.1. I would say yes and we are under staffed to facilitate this marketing process.*
- r) Could you briefly introduce your position at PBC during last summer?
- r.1. My Name is Dave Barbier and I served as the Site Co-Director of Resources during the summer of 2012. I was responsible for making sure PBC had appropriate number of seasonal staff and the programming and logistical resources to delivery programming. I also helped to train staff ensure Risk Management Compliance and point programs when necessary to do so.*

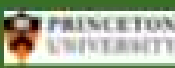
## Příloha č. 7: Leták

# PRINCETON - BLAIRSTOWN CENTER





A support organization of



*Princeton-Blairstown Center provides underserved urban youth with a continuum of experiences over time that helps them build on the strengths they possess and unleash the talents and intelligences that are already within them in such a way that they will stand firm and determined in the face of any challenge.*

*Our programs seek to instill trust and help disengaged students open their minds to greater possibilities. Our investment in these young people today is the most important investment we can make for tomorrow.*

Princeton-Blairstown Center  
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<http://web.princeton.edu/sites/pbcenter/>

## Příloha č. 8: Tréninkový program letního personálu

### June 12, 2012 Tuesday

All Day	Staff arrival
6:00 PM - 7:00 PM	Welcome BBQ
7:00 PM - 8:00 PM	Gear list review for site
8:00 PM - 8:30 PM	Pack for nights at site

### June 13, 2012 Wednesday

8:00 AM - 9:00 AM	Breakfast
9:00 AM - 12:30 PM	Mission, name games, lrg group games, initiative
12:30 PM - 1:30 PM	Lunch
1:30 PM - 2:30 PM	Paperwork w/PK
2:30 PM - 4:30 PM	Gear issue/Duffie shuffle
4:30 PM - 7:30 PM	Hike to site, Site set-up, dinner @ site
7:30 PM - 11:30 PM	At site

### June 14, 2012 Thursday

8:00 AM - 9:00 AM	Breakfast - At Site
9:00 AM - 10:30 AM	PK Show - office orientation, Net IDs
10:30 AM - 11:30 AM	Jody Show - Facilities & Housing Policies
11:30 AM - 12:00 PM	Games training
12:00 PM - 12:30 PM	Intro to games list
12:30 PM - 1:30 PM	Lunch

### June 16, 2012 Continued Saturday

10:00 AM - 11:30 AM	De-issue
11:30 AM - 12:30 PM	AC philosophy & Intro
12:30 PM - 1:30 PM	Lunch
1:30 PM - 5:00 PM	AC philosophy & Intro cont.
5:00 PM - 6:00 PM	Knots
6:00 PM - 7:00 PM	Optional Dinner
7:00 PM - 12:00 AM	Staff off

### June 17, 2012 Sunday

All Day	Staff off
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### June 18, 2012 Monday

8:00 AM - 9:00 AM	Breakfast
9:00 AM - 12:30 PM	Knots, highs set-up & take down (Logistics)
9:00 AM - 12:30 PM	Managing Aggressive Behavior - Ben Thornton
12:30 PM - 1:30 PM	Lunch
1:30 PM - 6:00 PM	Knots, highs set-up & take down (Logistics)
1:30 PM - 6:00 PM	Managing Aggressive Behavior (Facilitators)
6:00 PM - 7:00 PM	Dinner
7:00 PM - 9:00 PM	Race & Diversity training

### June 19, 2012 Tuesday

8:00 AM - 9:00 AM	Breakfast
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### June 14, 2012 Continued Thursday

1:30 PM - 3:00 PM	Joe Show - Restoration and Eichen policies
3:00 PM - 4:00 PM	Policy Review, Child, Transportation policies
4:00 PM - 5:00 PM	Billy's Trail hike to site
5:00 PM - 7:00 PM	Dinner @ site
7:00 PM - 11:30 PM	At Site

### June 15, 2012 Friday

8:00 AM - 9:00 AM	Breakfast - At Site
9:00 AM - 10:00 AM	EQ walk through (Logistics)
9:00 AM - 10:00 AM	Lakewalk- environmental ed, (facilitators)
10:00 AM - 11:30 AM	PU training
11:30 AM - 12:30 PM	DYFS
12:30 PM - 1:30 PM	Lunch
1:30 PM - 6:00 PM	AC Training
6:00 PM - 8:00 PM	Dinner @ site
8:00 PM - 9:00 PM	Comfire @ site
9:00 PM - 11:30 PM	At site - review manuals

### June 16, 2012 Saturday

8:00 AM - 9:00 AM	Breakfast @ site
9:00 AM - 10:00 AM	De-issue training (logistics)
9:00 AM - 10:00 AM	Frisbee golf (Facilitators)

### June 19, 2012 Continued Tuesday

9:00 AM - 12:30 PM	Highs, large group games (Logistics)
9:00 AM - 12:30 PM	MAB (Facilitators)
12:30 PM - 1:30 PM	Lunch
1:30 PM - 5:30 PM	AC check off
6:00 PM - 7:00 PM	Dinner
7:00 PM - 8:00 PM	FVC

### June 20, 2012 Wednesday

8:00 AM - 9:00 AM	Breakfast
9:00 AM - 12:30 PM	AC check off (Facilitator)
9:00 AM - 12:30 PM	Job specific training- 1st Aid & Waterfront, Issue/duffie shuffle, EQ- gear sign out, bounty, where things are (Logistics)
12:30 PM - 1:30 PM	Lunch
1:30 PM - 6:00 PM	AC Check off (Facilitators)
1:30 PM - 6:00 PM	Cont. from morning (Logistics)
6:00 PM - 7:00 PM	Dinner
7:00 PM - 9:30 PM	Diversity

### June 21, 2012 Thursday

8:00 AM - 9:00 AM	Breakfast
9:00 AM - 12:00 PM	Conflict Resolution
12:00 PM - 12:30 PM	Large group games (Logistics lead)

**June 21, 2012 Continued**

Thursday

12:30 PM - 1:30 PM	Lunch
1:30 PM - 2:00 PM	Waterfront/Canoing
3:00 PM - 4:00 PM	Games & Initiatives
6:00 PM - 7:00 PM	Dinner
7:00 PM - 8:00 PM	Giving Breaks (Logistics)
7:00 PM - 8:00 PM	Nightwalk (Facilitators)

**June 22, 2012**

Friday

8:00 AM - 9:00 AM	Breakfast
9:00 AM - 12:30 PM	AC Checkoff (Facilitators)
9:00 AM - 12:30 PM	High Training (Logistics)
12:30 PM - 1:30 PM	Lunch
1:30 PM - 6:00 PM	AC check off (Facilitators)
1:30 PM - 6:00 PM	High Training (Logistics)
6:00 PM - 7:00 PM	Optional Dinner

**June 23, 2012**

Saturday

All Day	off
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**June 24, 2012**

Sunday

8:00 AM - 9:00 AM	Breakfast
9:00 AM - 12:30 PM	Lifeguarding / WAFA

**June 24, 2012 Continued**

Sunday

12:30 PM - 1:30 PM	Lunch
1:30 PM - 6:00 PM	Lifeguarding / WAFA
6:00 PM - 7:00 PM	Dinner

**June 25, 2012**

Monday

8:00 AM - 9:00 AM	Breakfast
9:00 AM - 12:30 PM	Lifeguarding / WAFA
12:30 PM - 1:30 PM	Lunch
1:30 PM - 6:00 PM	Lifeguarding / WAFA
6:00 PM - 7:00 PM	Dinner

**June 26, 2012**

Tuesday

8:00 AM - 9:00 AM	Breakfast
9:00 AM - 12:30 PM	Lifeguarding / WAFA
12:30 PM - 1:30 PM	Lunch
1:30 PM - 6:00 PM	Lifeguarding / WAFA
6:00 PM - 7:00 PM	Dinner

**June 27, 2012**

Wednesday

8:00 AM - 9:00 AM	Breakfast
9:00 AM - 12:30 PM	Lifeguarding / WAFA
12:30 PM - 1:30 PM	Lunch - PUPP prep

**June 27, 2012 Continued**

Wednesday

1:30 PM - 6:00 PM	Lifeguarding / WAFA
6:00 PM - 7:00 PM	Dinner

**June 28, 2012**

Thursday

8:00 AM - 9:00 AM	Breakfast
9:00 AM - 12:30 PM	PUPP
12:30 PM - 1:30 PM	Lunch
1:30 PM - 6:00 PM	PUPP
6:00 PM - 7:00 PM	Dinner

**June 29, 2012**

Friday

8:00 AM - 9:00 AM	Breakfast
9:00 AM - 12:30 PM	PUPP
12:30 PM - 1:30 PM	Lunch
1:30 PM - 6:00 PM	PUPP
6:00 PM - 7:00 PM	Dinner

**June 30, 2012**

Saturday

All Day	staff off
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**July 01, 2012**

Sunday

All Day	Staff off
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**July 02, 2012**

Monday

8:00 AM - 9:00 AM	Breakfast
9:00 AM - 10:00 AM	Gear Intro
10:00 AM - 12:30 PM	Belay check off
12:30 PM - 1:30 PM	Lunch
1:30 PM - 6:00 PM	Belay check off
6:00 PM - 7:00 PM	Dinner
7:00 PM - 8:30 PM	Mad kits

**July 03, 2012**

Tuesday

8:00 AM - 9:00 AM	Breakfast
9:00 AM - 12:30 PM	High Ropes
12:30 PM - 1:30 PM	Lunch
1:30 PM - 6:00 PM	High Ropes
6:00 PM - 7:00 PM	Dinner

**July 04, 2012**

Wednesday

8:00 AM - 9:00 AM	Breakfast
9:00 AM - 12:30 PM	High ropes- check off /set-ups
12:30 PM - 1:30 PM	Lunch
1:30 PM - 6:00 PM	High ropes cont.
6:00 PM - 7:00 PM	Dinner
7:00 PM - 8:00 PM	Fireworks & Ice cream



**July 05, 2012**  
Thursday

8:00 AM - 9:00 AM Breakfast  
9:00 AM - 12:30 PM Gang Awareness  
12:30 PM - 2:30 PM Lunch- BBQ with 350  
2:30 PM - 6:10 PM Canoeing/T-rescues  
4:30 PM - 6:00 PM Risk Management  
6:00 PM - 7:00 PM Dinner

**July 06, 2012**  
Friday

All Day Staff off

**July 07, 2012**  
Saturday

All Day Staff off

**July 08, 2012**  
Sunday

8:00 AM - 9:00 AM Breakfast  
9:00 AM - 12:30 PM Lakeside & AC (Site)  
9:00 AM - 12:00 PM Gear Issue & Food pack out (Exp)  
12:00 PM - 12:30 PM Depart for Expedition (exp)  
12:30 PM - 11:30 PM On Expedition (exp)  
12:30 PM - 1:30 PM Lunch (site)  
1:30 PM - 6:00 PM Adventure Course (site)  
6:00 PM - 7:00 PM Dinner

**July 09, 2012**  
Monday

8:00 AM - 10:00 PM On Expedition  
8:00 AM - 9:00 AM Breakfast  
9:00 AM - 12:30 PM High Training (site)  
12:30 PM - 1:30 PM Lunch  
1:30 PM - 6:00 PM Highs Training (site)  
6:00 PM - 7:00 PM Dinner

**July 10, 2012**  
Tuesday

8:00 AM - 10:00 PM On Expedition  
8:00 AM - 9:00 AM Breakfast  
9:00 AM - 12:30 PM Highs Training (site)  
12:30 PM - 1:30 PM Lunch  
1:30 PM - 6:00 PM Highs Training (site)  
6:00 PM - 7:00 PM Dinner

**July 11, 2012**  
Wednesday

8:00 AM - 10:30 AM On Expedition  
10:30 AM - 11:00 AM Pick up from expedition  
11:00 AM - 12:30 PM Back 40 Mile (site)  
11:00 AM - 12:30 PM Debrief (exp)  
12:30 PM - 1:30 PM Lunch  
1:30 PM - 2:30 PM Debrief

**July 12, 2012**  
Thursday

All Day Catch up day  
8:00 AM - 9:00 AM Breakfast  
9:00 AM - 10:00 AM Lost participant drill  
11:30 AM - 12:30 PM Celebration  
12:30 PM - 1:30 PM Lunch  
1:30 PM - 6:00 PM Prep F.S. / GNSS & FA