

ABSTRACT

The bachelor's thesis deals with dramatherapy of the adult's with mild mental disability. There is analyzed the elementary terms of the mental retardation. The reader is introduced with the terms of dramatherapy, its definition, techniques. There is solving the specific access to people with mental disability. The goal of the bachelor's thesis is to suggest a dramatherapeutical programme and check out in practise. This programme is concentrated on the adult's clientage with mild mental disabilities. There is use a structured observation. The main contribution of the bachelor's thesis is in creation of the dramatherapeutical programme with focus on development of the assertiveness and on development of the skills which are usable during travelling and shopping. We've discover that just a part of the clients can stand up for some human rights and interest. It recommends to develop the assertiveness again.