

There are many requirements to individual in contemporary time both in professional so in private life. New technologies, acceleration in all ways of communication and also excess of informations, these all can lead to the situations , in where a man is not able to solve them on his own and which could lead into the crisis in the end. The most vulnerable to these situations are children and teenagers. And that's the reason, why we should insist on all preventive arrangements which increase the man's knowledge and orientation in these problems. It is also needed to show the way how to choose the best solution in case of crisis. This dissertation has analysed through questionnaire, how students of primary and grammar schools are able to get crisis situations under control. The most interest was in ability of recognition of crisis situations and get them under control. Also the study took care about the grade of education of possibility of using professional help. Data was collected on two primary schools and two grammar schools in Nový Bydžov and in Prague. There were 220 students participated in this study (100 boys, 120 girls).