

Abstract

Currently, the popularity of spirituality is growing at the expense of institutional forms of religion. Spirituality is associated primarily with personal spiritual experiences, which can take various forms and draw from different sources. Bachelor thesis deals with the unconscious spirituality, which is defined as a hypothetical concept, on which we can conclude from various indirect expressions of human experience and behaviour.

Indications of this concept can be found in the writings of the founder of analytical psychology C. G. Jung and the founder of existential analysis V. E. Frankl. Due to current shift of meaning of the concepts of spirituality and religiousness, the question is whether their theories can be applied to the contemporary situation and the concept of the unconscious spirituality. First are summarized current approaches and definitions of spirituality and religiousness. Attention is focused mainly on definitions of B. J. Zinnbauer and K. I. Pargament. Thesis continues with discussing basic notions and theoretical background of both psychological schools and also their approach to religion. These basic concepts are applied to the concept of unconscious spirituality with an attempt to further explanation. On the basis of the above mentioned application, both approaches are compared with emphasis on their positive and negative sides.

Both approaches are evaluated as suitable theoretical basis for the concept of unconscious spirituality. At the end of the thesis the need for further examination and more precise definition of the unconscious spirituality is pointed out as well as completion with other scientific methods.