

Abstract

This thesis consists of two parts – theoretical and practical. The theoretical part deals with individuals with physical disabilities and limitations resulting therefrom, characteristics of selected types of physical disability and dance as a therapeutic method. The practical part consists of the possibility of applying dance techniques for clients with physical disabilities and the possibility of conducting a dance lesson. The following is part of the research that deals with dance as a means of stimulation and its effects on people with physical disabilities.

Keywords: physical disability, stimulation, basal stimulation, dance, scenic dance, movement