

Abstract

Topic: Physical literacy

Goals: The approximation of physical literacy, collection and evaluation questionnaires of physical literacy knowledge and students anamnesis. Description of applicants progress in the specific movement skills.

Method: Unified questionnaires was used for obtaining informations. We make video for movement analysis.

Results: The results didn't obtain our expectation that students are able to express precisely the content of physical literacy by specific skills. However, they have expected attitude to early specialization in sport that is not important in all kind of sport. Finally, the applicants have moved forward to their movement skills.

Key words: athletic, physical literacy, students