

ABSTRACT

Title:

Case report of physiotherapeutic care of a patient with diagnosis status after intra-articular fracture of the proximal tibia

Aim:

The aim of this bachelor's thesis is processing of the case study of a patient with diagnosis condition after intra-articular fracture of the proximal tibia, a summary of theoretical knowledge, designing therapy and monitoring its progress.

Method:

This thesis was created as a research with case study during continuous professional practice held from 7.1.2013 to 1.2.2013 at Rehabilitation clinic Malvazinky in Prague. The thesis is divided into two parts – general and special. The first (general) part deals with the theoretical knowledge of kinesiology of the knee joint, includes information on fractures (their classification, possible solutions, healing and complications) and the possibilities of physiotherapy procedures in the postoperative period. The second (special) part describes case study of a patient after intra-articular fracture of the proximal tibia, the process of suggested therapy and evaluation of its effect.

Keywords:

knee joint, tibia, osteosynthesis, physiotherapy, traumatology, rehabilitation