This bachelor thesis examines how occupational therapy and occupational techniques are used in connection to people with mental disability. The work includes the topic of mental retardation and mental disability and furthermore characterises occupational therapy as one of many therapies used while working with people with disability or handicap from this disorder and its particular use when it comes to adults with mental disorder in special facility. The aim of the bachelor thesis is to present a specific occupational program in special facility Rajmonova in Prague which particularly focuses on development of cognitive functions of the clients and underlines the need for fulfilling activities "in terms of occupational therapy for the clients of the special facility.