

Abstract

Title: Selected motivational aspects for beginners and advanced in karate

Aim: The main aim of my thesis was to learn how the current poor popularity of karate sport influences students of elementary and secondary schools in Prague and its surroundings and their motivation in this sport for achievements and at the same time to suggest how to furthermore support and expand motivation with these students.

Methods: To gain information and data for this thesis I used survey methods and its specially designed questionnaire. Further additional interviews were used with advanced karate students with the highest ambitions and with former Czech Republic karate representatives (2006-2013) and compared with motivational aspect with these two different generations of athletes. There was second specially designed questionnaire for these additional interviews with a possibility for free answers.

Results: Through the survey the differences in motivational aspects at beginners and advanced in karate were found and with additional interviews differences were found in ambitions and motivational aspects among former Czech Republic karate representatives and current advanced students with high ambitions in karate. Manager suggestions for motivation expansion with beginners and advanced karate people were also processed.

Key words: Motivational aspects in karate, motivation, beginners and advanced in karate, manager suggestions