

Balchelor's thesis deals with quality of life and its changes in case of people with posttraumatic disability. The aim is to characterize posttraumatic psychical and physical growth of three selected respondents and to reveal factors which may affect it in positive or negative way, respectively. Thesis attempts to determine following objectives: (1) How respondents subjectively assess quality of their lives? (2) Whether traumatic event caused positive development of their personality? The research was carried out using mixed approach technique with three different methods: posttraumatic growth curve, semistructured interview and standardized questionnaire. The sample consisted of three respondents, who suffered a serious injury with subsequent permanent disability.

The quality of life yielded to various changes during posttraumatic psychical and physical growth of individual respondents. These changes were predominantly associated with inability to satisfy and fulfil their needs and ideas about their lives. The results showed that traumatic event affected primarily mental aspect. Factors, that significantly contributed to positive development of psychical growth included support by family and friends, stay in group of similarly disabled persons, partner and family life, improving mobility, work and the opportunity to be a useful, opportunity to live an active life and return to leisure activities (hobbies). Traumatic event also caused several positive personality changes as changes in life perception were detected identically for all respondents. In the final part, the thesis also provides several practical recommendations for patients as well as for healthcare professionals, who care for such people.