

## **Abstract**

Title of bachelors thesis:

Case report of physiotherapeutic care about patient with diagnosis of radicular syndrome with left L5 irritation.

Objective:

Acquisition of theoretical and practical introduction to the herniated lumbar intervertebral disc and possible physiotherapy approaches used in this problem.

Special part includes detailed case study of patient with the diagnosis of radicular syndrome with left L5 irritation.

Summary:

The general part focuses on theoretical knowledge of anatomy, kinesiology and biomechanics of the lumbar spine. Also the degenerative changes of the spine and the possibilities of diagnostic and therapeutic methods.

The practical presents case study of patient with a diagnosis of root irritation syndrome L5 left.

Keywords:

Radicular syndrome, irritable syndrome, intervertebral disc, spine, physiotherapy