

## Abstract

The thesis dealt with the basic elements of gymnastics in nursery schools in relation to education teachers. The aim of the study was to determine whether education kindergarten teachers in physical education, acquired at secondary pedagogical schools and faculties, is sufficient for quality management of physical activities and specifically gymnastic activities in nursery schools.

The paper used two research methods: analysis of educational programs teaching schools from internet sources and interview teachers of kindergartens. The research was divided into three thematic areas. In the first part was analyzed curricula for secondary school teachers and teaching faculties devoted to physical education, has been found to the current state of education in this area. The second was investigated by questionnaire method glance graduates on their education in physical education. Emphasis was placed on their particular experience and personal opinion. The third area is also through the questionnaire dealt with the application of acquired knowledge and skills of teachers in practice. By analyzing the data the third lap was detected level of sports activities in the field of gymnastics to children in kindergartens.