

SUMMARY

This diploma thesis deals with a leisure time of clients of the Halfway House. The aim of the thesis is to map the content and structure of their leisure time. The thesis seeks to define what the representatives of the target group need for better self realization. Based on these findings author of the thesis design a new program supporting their spending of leisure time. The thesis consists of two parts: theoretical part and practical part. The theoretical part presents a halfway house social service and other programs of the civic association DOM. There are described clients' problems with integration into society. This part of the thesis focuses particularly on the origin of these problems, which mainly come from inadequate care in early childhood and bad family environment or life in an institutional care later. All psychological and physical needs of a child are not fulfill due to poor care in early childhood and it affects his future mental development. Thesis refers to Pessa Boyden System Psychomotor (PBSP) theory created by Albert Pessa and Diane Boyden - Pessa. PBSP define five basic needs which are necessary for healthy mental development in early childhood. The theoretical part also deals with theory of attachment. Attachment is an emotional bond between child and mother, which has major impact on the psychological integrity of a person. Theoretical part contains also definition of leisure time and his function and historical development. Practical part of the thesis contains qualitative research focused on self-realization of the members of target group during their leisure time. This research was created by using Grounded Theory and presents analysis of four interviews with clients of the Halfway House. On the basis of this research, author of the thesis design a new program supporting a leisure time activities of the members of target group.

Key words:

Halfway house

Human Needs

Attachment

Pessa Boyden System Psychomotor