

**Abstract:**

The diploma thesis is focused on a phenomenon of power in therapy relationship in way of Gestalt approach. It's based on a relationship concept between psychotherapist and client which is a fundamental factor in psychoteraphy change. The power is perceived in accordance with Michela Foucalt's theory as a natural and necessary relational phenomenon. In Gestalt approach intentions we pursue ways, in which the psychoterapist is aware his power, how he gets in touch and how he deals with it.

Diploma thesis has got a theoretical empirical character, the theoretical part sumarizes knowledge about power, relationship like a base of helping professions work and basic knowledge from Gestalt therapy field. Empirical part uses design of qualitative methodology. We got data about Gestalt therapists' attitudes, perception and understanding of the power phenomenon. These gained data are processed by the grounded theory method and compared with other data. Next possibilities of broadening gained informations and working with them in therapy field are mentioned in the conclusion. Our results broaden knowledge about therapy relationship characteristics and bring an inspiration for psychotherapy training attenders, practising therapists and other helping professionals.