

Reproductive health and planned parenthood in Mexico

Abstract

The main target of this bachelor's thesis is to describe the main governmental programs focusing on reproductive health and planned parenthood in Mexico and to evaluate their impact on fertility, abortion, contraceptive behavior and maternal and infant mortality. Based on the findings effectiveness of programs has been demonstrated as regards reproductive health and selected indicators. These programs have been relatively successful, because during the analysed periods the total fertility rate decreased, the percentage of women who know any method of contraception increased and also maternal and infant mortality was reduced. One of the main problems which in Mexico continues to exist, is the restrictive regulation of induced abortions that make access to safe and legal abortion limited. Creation of a new system of abortion that would enable an access to safe induced abortions in Mexico could have a positive impact on both the maternal and the infant mortality rate. Overall, the selected programs focusing on reproductive health and family planning in Mexico have been quite successful.

Keywords: Reproductive Health, Planned Parenthood, Contraception, Fertility, Mexico