

## **Abstract**

**Title:** The analysis of possibilities of regeneration in the Trutnov city

**Objectives:** We try to recommend the best forms of regeneration to general population in the Trutnov city

**Methods of work:** Analysis of website regeneration centers, promotional materials and publicly accessible databases such as trade register

**Results:** We discovered a large quantity of regenerative resources in the Trutnov city

**Keywords:** . regeneration, regenerative resources, water treatments, electro treatments, light treatments, massage