

In my diploma thesis I expressed the importance of sexuality for every human being. Sexual health is part of general health conditions and is a necessary condition of a quality life. Every human has the guaranteed right to enjoy sexuality freely, on condition that no one is constrained. Sexual rights are guaranteed by Bill of Rights, international agreements and also by documents issued by Czech government. I have theoretically described the goals, basic assumptions and educational topics in the area of sexuality of people with mental disabilities. For practical reasons I have included the illustrative tools/techniques for social work with sexuality. I have described the personality of an expert, who is occupied with the sexuality of mentally disabled and ethical rules, to which he/she is obliged to follow. I have tried to compare Czech and foreign scholar literature. I have described the methods of working with sexuality in a concrete Sheltered Housing. As a research method I used the analysis of internal documents, especially Sexual report and recorded interviews. When describing social work with sexuality I have relied mainly on my own experiences. In my diploma thesis I have used my experience primarily for description of individual case study; I mentioned two most complicated examples of cooperation with clients on the solution to their sexual problems. Institution I have described has long experience with providing individual support in sexual matters and relationships to their clients. The practices for social work with sexuality are defined in internal document of Sheltered housing with the title "Protokol sexuality". Sheltered housing respects dignity and rights of mentally disabled people to regularly enjoy sexuality the way they choose. I am convinced that the description of procedures, which are used by the institution in individual work with clients, can serve as an example of a good practice.