

Abstract

For chronic musculoskeletal pain syndromes (CPS) is typical longterm persistent pain without an identifiable morphological cause. These CPS affect mostly older children and females. We recognise two different forms of CPS, diffuse, represented by fibromyalgia and, localised, which is represented by complex regional pain syndrome type 1. This work is primarily focused on juvenile primary fibromyalgia syndrome (JPFS), which is characterised by widespread pain and numerous painful tender points upon palpation. Very often other symptoms such as sleep disturbance, fatigue, headaches, irritable bowel syndromes and anxiety are presented. To succesful treat JPFS the multidisciplinary approach is necessary. This work describes possibilities of physiotherapy in JPFS as a key to succes of interdisciplinary teamwork.

Key words: chronic pain, fibromyalgia, multidisciplinary therapy, pain management, children