

## Abstract

‘‘Rehabilitation after Shoulder Arthroscopy’’

Current Thesis introduces a postoperative state after Arthroscopy of shoulder joint. The operation, was performed on May 2011, due to partial tear of supraspinatus tendon, successfully. In this study I present the therapeutic process that I followed during my practice. Thesis is divided in two parts.

In the first part of my study I describe the anatomy and movement complexes of shoulder joint. The enclose muscles and their relation with the outer forces from biomechanical view. In addition, I cite the development of Arthroscopy on Shoulder joint and the differentiation with Arthroplasty in our days.

In the second part I review and record all the documents from the past and present state of the patient. I continue with detailed examination taking in mind all the related factors that can be possibly affected after the surgery. Finally, I retell and analyze the therapeutic methods that I applied during post operative state.

Key words:

Supraspinatus tendon tear, Arthroscopy, Physiotherapy.