

ABSTRACT

Title: Teaching of outdoor activities at primary schools in Kladno from the view of headmasters and PE teachers

Objectives: To find out how the teaching of outdoor activities takes place at primary schools in Kladno, respectively which outdoor activities are offered to students and what form of teaching is realized.

Method: Research of this work was carried out by quantitative method. To obtain the necessary information there has been prepared two types of questionnaires, the questionnaire for headmasters of primary schools and a questionnaire for teachers of physical education at the 2nd grade of primary schools. The research sample consisted of 11 headmasters and 23 teachers.

Results: According to the results the teaching of outdoor activities at primary schools in Kladno takes place in two forms, courses of teaching activities in nature are predominant form. From the courses of outdoor activities (skiing, snowboarding, hiking, cycling, canoeing, adventure) are in most schools implemented mainly ski courses. Another form of teaching is the inclusion of some physical activities in physical education classes. The research results showed that most teachers include such activities in lessons, mainly they choose running and walking in terrain or motoric games. PE teachers assess outdoor activities positively and most of them think that it is important to include them in education.

Key words: Outdoor activities, Physical education, Educational program, Primary schools