

## ANNOTATION

The thesis deals with the use of urban and suburban parks and cycle routes by neighbouring kindergartens.

The theoretical part of the thesis summarizes the basic terminology, explains the concept of forest park, forest park, bicycle path. Furthermore, it is trying to define terms related to the topic (movement, motor skills, and sports). Separate chapters are also devoted to forest pedagogy, its history and the emerging trend of forest nurseries. The practical part of the thesis introduces methods of research. These are the questionnaire survey, interview and observation. Research is part of the weekly project for children from kindergartens, created specifically for this topic. Subsequently, the thesis seeks to answer the stated hypotheses.

It examines the range of the activities of children during their stay outside, motivation of children to activities, the use of cycling kindergartens. It examines which outdoor location children in kindergarten prefer for their morning activities. The thesis concludes with an overview of significant Prague parks.

Keywords: park, forest, cycling, physical activity, nature, kindergarten