

Summary:

The thesis focuses on analyzing the impact of activities on quality of life of the older people. The basis comes from the study of literature and also from information collected on the issues.

The work explains many concepts which are closely associated with age and aging. It includes the sciences which deal with that domain. Thesis provides an overview of the current system of care for older people in the Czech Republic. It focuses not only on theoretical definition but also on factors describing the quality of life for seniors, especially the positive highlights and the impact of appropriate activities on the course of aging.

The research section describes findings which have emerged from the survey among seniors. It is focused on determining the degree of satisfaction for the Generation of the Third Age with the course of life at the present. Specifically it deals with the exploration of the relationship between an active life and the quality of life. The result of the survey reflects almost exactly all the information which has long been well known and scientifically proven.