

Abstrakt

Title: Motivation for Practicing Judo for Children in age between 11 and 15 years.

The Aim of The Thesis: The aim of this thesis was to find out which motivation factors are the most important for the judo athletes in age between 11-15 years. We studied all the necessary literature, collected information about this topic, and established a quantitative questionnaire. The result of this thesis is a suggestion for coaches based on received information about which motivation factors are important for children and which are not.

Method: The experiment will be provided by using quantitative questionnaires established for judo athletes in age between 11 and 15.

Key Words: Motivation, Achievement Motivation, Sport Psychology, Judo, Judo training