

**Abstract:**

The thesis analyzes the historical development of Russian drama and it also discusses various acting techniques and their development. It focuses on efforts to create a method or system of acting which would help the actors perform characters in a natural and persuasive way. In this context, the thesis deals with Mikhail Chekhov – actor, director, theater director, teacher, theorist of acting, but also a Russian emigrant or nephew of Anton Pavlovich Chekhov. Chekhov was a student of K. S. Stanislavsky. He worked in the Moscow art theatre and later founded and participated in the work of theatre studios in Europe and the United States of America. He dedicated a substantial part of his life to pedagogical and theoretical work.

**Keywords:** acting method, acting technique, anthroposophy, dramatic arts, dramatic form, directing, eurythmy, the archetype.