

ABSTRACT

This diploma work deals with the causes and typology of life crises. In another part the diploma work focuses on the phenomenon of marital and partner crises, for their solution and prevention of conflicts in relationships. Then we will discuss what possible benefits could be in crisis not only for marriage or partnership, and finally we will mention marriage and partner counseling as a valuable source for help to overcome the crisis in relations with a partner. In the practical part we will try to prove that the crisis in human life can bring to the marriage or partnership such a change, incentive, or motivation, which can be in an interval of time spent by the crisis perceived as positive and beneficial.

Keywords: Life crisis, causes and typology of life crises, marriage crisis, partner crisis, marital and partner counseling, positive benefits of a life crisis