

TITLE:

Badminton at elementary school

AUTHOR:

Miroslav Ramba

DEPARTMENT:

Department of Physical Education

SUPERVISOR:

PaedDr. Ivan Přibyl

ABSTRACT:

In my bachelor work I investigate by using polls, how much in nowadays the knowledge of badminton as a sport discipline is quite different from the recreational badminton. Furthermore, I will introduce the new badminton rules from the year 2006 and their influence on the attractiveness of the game. I will briefly mention the history and basic concepts related to badminton, including physical training and preparation with the focus on the target age group 6 to 15 years. I perform the analysis of the observed children matches of different age and physical fitness, the analysis of the agility increase during the game – I have been working and monitoring the regular trained children for 6 months. The obtained data will be used together with the technical and logistic guarantee of the badminton game to find out the basic conditions realized at elementary school. The obtained data from my survey analysis of observed matches are transformed into graphic form.

KEYWORDS:

badminton, elementary school, change of the rules, training youth and children, physical preparation