

## **Abstrakt**

This thesis builds on the bachelor thesis Preparation of persons with intellectual disability for sheltered living, in which I dealt with three clients of a particular social service provider – Tereza, who were about to go into sheltered living or who lived there for a short time. Two of these clients and one new client of sheltered living were for the purpose of this thesis put under long time surveillance.

The thesis is divided in two parts, theoretical and practical. Theoretical part deals in detail with an adult person with intellectual disability, family of such an adult, rights and quality of life of people with intellectual disability. Further, I deal with the process of deinstitutionalization. The practical part is dedicated to Tereza, a provider of social services, its sheltered living and three clients already mentioned.

The aim of this study was to determine what for advantages and possibilities living in sheltered living has, eventually what restrictions it brings. By describing the specific situation I tried to show what life in sheltered living provides to these clients, if there are any problematic situations and as subsequently affect their current lives.

## **Keywords:**

Adult with intellectual disability, quality of life, adult rights, deinstitutionalization, sheltered living, possibilities, limits.