

Abstract

Title:

Comparison of the organizational forms of ice hockey level in the 1st and 2nd class in the Czech Republic to the current recommendations of the IIHF and USA Hockey

Objectives:

To find out a use of different types of methodical organizational and socially interactional forms in the training process of 1st and 2nd class players in the Czech Republic and to compare the application of the game form in the training units with the recommendations of IIHF and USA Hockey.

Methods:

The research was carried out by analyses of guided interview and by recording of monitored data into an evaluation report during observations of individual training units in CR. Tested object represents 4 training units of 1st and 2nd class players in a 4 different Czech clubs during season 2011/12. The comparative part studied the differences between organization structure of Czech training units and the recommendations of IIHF and USA hockey. Evaluating the application of methodical organizational forms and the game form were expressed in percentage and compared with the recommendations of IIHF and USA hockey. Further, organization of training units was monitored on the based of use interactional forms.

Results:

In terms of application of preparatory exercises type 1 was found out that in three tested clubs are above 50% and in one tested club is below 50%. According to IIHF and USA hockey the game form should represent 60% of the training which was fine in 3 of tested clubs. Only in HC Bílí Tygři Liberec the game represented lower percentage of the training. Group social – interactional form was mainly used in all 4 clubs.

Key words:

1st and 2nd class, ice-hockey, methodical organizational form