

Abstract

The bachelor's thesis focuses on problems of alternative ways of alimentation. In the theoretical part the term alternative ways of alimentation is defined and briefly particular alternative alimentation is characterized. It treats also about problems of evolution in teenage, particularly about a relation of adolescents to alimentation. The practical part of the thesis describes a research which testified the relation of adolescents to alternative ways of alimentation. The research was focused on survey if students of chosen schools are interested in issues of alternative ways of alimentation, if they eat alternatively and why. The questionnaire was used to achieve the data. The results of the realized questionnaire research prove the interest of teenagers in alternative ways of alimentation, but most of the responders in the questionnaire said that they do not eat alternatively.