

Abstract

This diploma thesis with the management of health support program in a hospital, because of increasing interest in relevance of health support nowadays.

Theoretical section attempts to map out health support in global context and also outline some health support programs, which are in progress in Czech Republic today. Another goal is to specify the most frequent noncommunicable chronic diseases and their risk factors. The last part of theoretical section deals with quality of health care, implementation of quality management and quality planning and also highlights quality as a result of modification of management process.

Practical section analyzes data from questionnaire survey, collected from in-patients with ischemic heart disease in The Hospital Pelhřimov. Results show, that patients wanted to change their life style. There is also a big group of patients, who don't think of changes of their habits. But this group is interested in informations about changes of their life style. The informations are provided by physicians. As for this group, group consists of patients with overweight or obesity, and patients who are suffering from their disease less than one year. Level of provided information in The Hospital Pelhřimov is very high. Patients are able to realise recommendations, which personal of the hospital afford.

The final part of the thesis proposes recommendations, how to complete data collection acquired from entrance interviews and how to lead health support proces during hospitalisation and release.