

Abstract

Title

Positive findings in doping of athletes in the Czech Republic

Objectives

The aim of this thesis, based on the doping control protocols from 1993 - 2011 provided by the Czech Anti-Doping Committee, is to assess the most commonly abused doping substances and evaluate sports in which doping is most frequently abused, and attitudes of athletes who have violated doping regulations.

Methods

The main method used in this thesis was an analysis of documents, especially doping protocols, which led to gathering important data and compile final tables, which were subsequently processed and evaluated. Finally, an interview with two bodybuilders who have received completely different penalties for the same offense.

Results

This thesis comes to the conclusion that the most commonly used substances are, in order: testosterone, nandrolone, marijuana, ephedrine and then metandienon. The most common individual sports, where the use of doping substances is most commonly encountered include bodybuilding and powerlifting. In team sports, it is hockey, rugby, water polo and handball. Use is most prevalent in men, and less common in women.

Keywords

Anti-doping policy, doping, doping control, doping substance, sport.

