

Abstract

Title of the thesis: Methodics of basics in figure skating sport training for children of primary school age

Aim: The mapping of methodics of basic elements in figure skating training for children of primary school age from literature and it's verification in training. The mending of this methodics based on questionnaire, knowledge get during the consultations with coaches and from training. It includes basics of skating, turns, steps, piruets and jumps.

Key words: figure skating, skating, methodics, skater, child, basic, element, jump, spin.