

Anotation

Krav Maga is an Israeli combat system, founded by Imi Lichtenfeld who was of Czechoslovak origin. This system is currently gaining popularity, but there is no comprehensive publication describing its origin and development. In addition to Krav Maga, there is even a less known, very similar, system Kapap.

This thesis chronologically describes what preceded the creation of Krav Maga and what it is based on. Then the thesis also involves the sporting career of Imi Lichtenfeld, the experience of his father and also historical events in Mandatory Palestine with regard to the creation of various fighting styles.

The thesis deals with the development of martial arts Krav Maga and older Kapap up to the present days. It offers an insight into the functioning of Krav Maga and Kapap in the world and even in the Czech republic and describes some current issues and events in Krav Maga and Kapap.

It answers the most important questions of present days and possible future development of this combat systems and tries to outline the relationship between Krav Maga and Kapap.

Keywords: Krav Maga, Kapap, Israel, martial arts and sports.