

Abstract

The enneagram typology describes nine personality types and their mutual relations. It is a theoretical construct whose psychological validity is still being scientifically verified. The focus of this work is to develop a reliable and valid psychometric tool for recognizing the enneagram type and thereby verify the validity of this typology. The theoretical section describes the enneagram system on the basis of available literature and reviews research that set it in the psychological context. The empirical section deals with the development of the test to determine the ennea-type, with verification of its psychometric characteristics and criterion validity, and at the same time it examines the construct validity of enneagram typology. The criterion to review the validity is The Essential Enneagram Test by David Daniels, type identification by interview and self-identification. A quantitative data analysis was conducted on the sample of 300 persons of both, men and women of all ages using various kinds of statistical methods. The findings indicate that the tool developed to identify the ennea-type is reliable, of good psychometric quality and satisfactory criterion validity. Furthermore, the research supported the existence of nine enneagram types as per the theoretical construct, yet did not verify the assumption of mutual relations between the interconnected types.

Keywords

Enneagram, personality typology, personality test, validation, The Essential Enneagram Test by Daniels