

ABSTRAKT

Title: Informing teachers about the importance of correct seating and ergonomic work space.

Problem definition: This dissertation addresses Basic and Special School teachers' and Teachers College students' level of awareness about the meaning of Corrected sitting position and their knowledge of suitable ergonomic, educational school furniture and the conditions for achieving the right Corrected sitting position.

Reasoning: Children at schools often have problems with corrected sitting and teachers often don't know the aspects of right body-control. They also very often pay no or very little attention to this problem. Corrected sitting position, which is necessary to be applied in schools, is one of the fundamental pre-requisite of right kinetic advancement and creation of premises for school work.

Dissertation objectives: Purpose of this dissertation is to find out what is the teachers' level of awareness about the necessity of using Corrected sitting position at schools and aspects of the right body-control and how much they know about the possibilities of using ergonomic educational furniture.

Methodology: This dissertation is a analytical study. I work with the findings from questionnaires filled in both by Basic and Special School teachers and Teachers College students. After processing and evaluating the questionnaires, methodical manual for all teachers attending to corrected sitting position and work place ergonomics was created.

Key words: corrected sitting position, ergonomics, work place, ergonomic furniture