

## **Abstract**

This bachelor thesis addresses the opportunities for social communication development for mental handicapped youths who use the personal assistance social service. The means used for communication development are practical experience courses. A questionnaire was used for research purposes which proves that personal assistance is used by clients mainly in a school environment and for escorts. Despite this fact, demand for practical experience courses from assistants is considerable. Almost all of them consider them to be an opportunity for their client to get to know their client better, thereby improving the quality of the social service provided. Other research focused on comparison of individual plans for the users of the personal assistance social service. This research confirmed the importance of the work of personal assistants who have a demonstrable influence on the development of communication and socialisation of people with a mental handicap. Controlled interviews with clients demonstrated that the common intense experiences enjoyed during the practical experience course, converted into life experience, can have a positive influence on the relationship between the assistant and client. They then find it easier to achieve goals aimed at development of communication which make orientation in society easier for the client. In the future I would like to use all of these experiences gained in the planning and implementation of a practical experience course for assistants and their clients, in the role of experience event trainer.