

Annotation

The aim of this paper is to highlight the growing prosperity of maternity centers between parents with young children. The work is aimed at verifying the benefits of physical activities organized by parent centers and their impact on health in children up to about three-years of age. Finding the answer to the question of whether the parent is really the center of what part of preparing children for entrance to kindergarten.

Key words

Childrens, kinetic activities, sporting activities, game, playing, mother