

Abstract

This thesis deals with the Scheuermann's disease, more precisely about passed Scheuermann's disease and its consequences. The theoretical part is focused on general information, such as etiopathogenesis, course of disease, diagnosis and treatment options, including surgery. There are two casuistries of two probands in a practical part, who after the clinical examination conducted mainly self-therapy. The practical part is focused on the influence of exercising on the overall health of the patient with diagnosis of Scheuermann's disease.