

Abstract

This bachelor thesis deals with the problems of old age and aging, both as an individual stage in the life of every human being and from a social perspective. The issue of old age is important in the context of a modern society dependent on communication and information technologies - computers and the internet. Therefore, this thesis is devoted to seniors in regard to their internet usage and computer literacy.

The introductory section presents an initial discussion of the issue of aging, the active life of seniors and the internet, one of the main expressions of modern technology, which acts as a structuring factor for the position of the individual in society, based on access to this technology and the utilization rate.

The empirical section then describes the specific steps of carrying out quantitative research that the author of this thesis carried out in the spring of 2011 on a sample of 252 seniors. The text also introduces the research question, the hypothesis, the research methodology, the creation of the instrument, its testing and the process of investigation.

The conclusion presents the main findings of the research by testing the input hypothesis, and gives an interpretation of the analysis made on the final survey results. The author summarizes the main findings and the goals of the text put them into the context of Active Aging.

Key words:

Seniors, Pensioners, Pensions, Active Aging, Internet, Internet usage, Computer literacy, the University of the Third Age, Research on Seniors