

**Annotation:**

The aim of this thesis is to summarize knowledge about physical activity in school age children, and through questionnaires examiners to identify physical activities for children at primary school (1st - 5th grade).

The theoretical part focuses on definitions of basic concepts related to the issues and defining the scope and impact of physical activity on health of individuals. Furthermore, given to the characteristics of preschool age and family influence and school physical activity at junior school age children.

Part of the thesis is also research section designed to obtain current knowledge about children's physical activity at 1st degree of primary school.