The objective of my thesis is to describe rope courses as a possible didactical and pedagogical means in realms of the Curricular educational program for elementary education. Furthermore, I am going to research on the basis of qustionaire inquiry whether Prague elementary schools take advantage of the available rope courses, eventually with which goals and intentions. In the field of my concerns, which is going to be a content of further questionaries, will be also how students of second grade elementary school perceive the program in rope centres. The purpose should be to inscribe a general introduction to rope courses, present them as an effective educational means and the work itself should pose a guidance for those teachers who are encouradged to include the positives of the rope courses into their learning.